

Learn to Skate Program Information

Learn to Skate

Learn to Skate is for all ages – adults too! Each class consists of 40 minutes of group instruction and the remainder of the class will be an open skate where skill practice is encouraged. Skate rentals are included in the program cost. Helmets are highly recommended. Remember to dress warmly with mittens, pants and layered garments.

Freestyle & Adult Workshop

Freestyle & Adult Workshop is for skaters who have passed through Basic 6 or Adult 4. Class consists of 50 minutes of on ice group instruction divided into children as well as adult groups based on current skating level. Prior to the on ice instruction there will be 30 minutes of off ice group instruction held upstairs in Studio 202. Off ice classes consist of dance, conditioning, strengthening and jump instruction taught by certified fitness instructors and figure skating coaches. Please have participants wear sneakers for off ice class.

Parent/Sibling Open Skate

Parents and siblings of learn to skate students may skate during the open free skate time, after the group lesson. The fee for the whole session is \$25. Skate rental is included.

Private Lessons

Students may have a private lesson coach for an additional fee during the open practice time, during ISCC's Open Freestyle session or Public Sessions (ice time paid at the front desk.). Private lessons are available by inquiring with the Learn to Skate Director or asking a specific coach directly. All private lesson fees are paid directly to the coach.

Learn to Skate Program Mission and Goals

Our goal is to teach the fundamentals of skating using a variety of safe and enjoyable instructional techniques. The Learn to Skate Program strives to develop strong basic skating skills (i.e. forward & backward skating, edges, turns, basic spins & jumps,) self-confidence and encourages participation at the recreational level. Learn to Skate provides exercise and enjoyment for the whole family. ISCC is part of a nationwide program called, US Figure Skating's Basic Skills Program.

Learn to Skate Policies and Procedures

ISCC reserves the right to cancel the program or class day if there is not sufficient registration. There are no refunds given once a skater is registered. If a skater withdraws from the program, ISCC will issue a credit for classes not attended.

Students may join a class at anytime, provided there is room in the class. If a skater joins after the session has begun, fees are pro-rated. You may not pro-rate the original fee if you know that you will be missing a class for any reason. If you need to make up a missed class, you may do this during the same session as the missed class. Make up class credit may not be carried over to another session.

All skaters in the International Skating Center of Connecticut's Learn to Skate program must be current members of the United Figure Skating Association. This membership renews annually for a fee of \$25. The membership year is July 1, 2009 to June 30th, 2010.

Skaters will be tested throughout the session to determine their proper level. Sometimes, skaters will need to repeat a level to better prepare them for more difficult levels.

Throughout the year, ISCC may offer special events for skaters in our Learn to Skate Program like exhibitions, recitals, competitions, etc. ISCC reserves the right to use a portion of the class time for demonstrations or clinics.

Please register one week prior to class starting. Walk on's are permitted on a class by class basis provided there is room in the class. **The walk-on fees are: Learn to Skate Class is \$20, Freestyle & Adult Workshop is \$25.**

For more information, please contact the Learn to Skate Office: (860) 651-5400 ext. 11 or learntoskate@isccskate.com