



Attention All Figure Skaters!!

Half Day Summer Camp 2008

Get Ready for the Charter Oak Open & Basic Skills Competition

Dates & Times

July 14 – 18, 2008 (Monday – Friday) 8:45am -11:30am

July 21 – 25, 2008 (Monday – Friday) 8:45am -11:30am

Daily Schedule

8:45am – 9:30am	On Ice Group Instruction
9:30am – 10:15 am	Open Practice Ice
10:15am – 10:30am	Snack break and Change into sneakers
10:30am – 11:30am	Off Ice Group Instruction

Eligibility

All participants of the Learn to Skate program, Kid's Class, Freestyle & Adult Workshops, Charter Oak Figure Skating Club Members, and those skaters who skate and train at ISCC. Skaters who have tested with US Figure Skating can not have tested higher than Preliminary to be eligible for the half day summer camp.

On Ice Group Instruction & Open Practice Ice

Students will have 45 minutes of on ice group instruction, divided into groups based on age and ability. Students will work on skills from the US Figure Skating Basic Skills and Freestyle levels.

The Open Practice Ice will be monitored by a coach. Students may take this time to practice their programs for the Charter Oak Open & Basic Skills Competition. Students may have a private lesson with a coach for an additional fee during the open practice time. Private lessons are available by inquiring with the Learn to Skate Director or asking a specific coach directly. All private lesson fees are paid directly to the coach.

Snack Break and Change into Sneakers

Students will have a 15 minute break to change from their skates into sneakers. During the break, students will be able to have a snack, if desired. **Snacks will NOT be provided.** Each student is expected to bring their own snack.

Off Ice Group Instruction

Students will be given 60 minutes of off ice group instruction held upstairs at the International Skating Center of Connecticut, in Studio 202. Off ice classes consist of dance, conditioning, strengthening and jump instruction taught by certified fitness instructors or figure skating coaches. Participants should wear sneakers for off ice class.

Half Day Summer Camp Policies and Procedures

Students will be supervised by either the Skating Director or an eligible ISCC coaching staff member at all times during the half day summer camp.

Due to space and coaching availability, this half day summer camp will only run when 10 students are registered. ISCC reserves the right to cancel the camp if there is not sufficient registration. There are no refunds given once a skater is registered, unless the camp week is cancelled. If a skater withdraws from the program, ISCC will issue a credit for future programs.

All skaters in the International Skating Center of Connecticut's half day summer camp program must be current members of the United Figure Skating Association. This membership renews annually. The membership year is September 1, 2007 to August 31, 2008. The fee for this membership is \$20 per skater.

Half Day Summer Camp Program Mission and Goals

Our goal is to teach the fundamentals of skating using a variety of safe and enjoyable instructional techniques using the US Figure Skating's Basic Skills Program. Skaters will be given the opportunity to practice for the Charter Oak Open & Basic Skills Competition.

International Skating Center of Connecticut
Attn: Learn to Skate
1375 Hopmeadow Street, P.O. Box 577
Simsbury, CT 06070

**For more information, please call Shannon Pastizzo,
Learn to Skate Director, 860-651-5400 ext.11**

