

# Learn to Skate – LATE SPRING '12

Learn the FUNdamentals of every skating discipline! The Learn to Skate program at ISCC is for the beginning skater – no matter what the age!

Our instructors include many International & National Level Coaches and former competitors.

## NO CLASSES May 21 – May 28

Class Type	Recommended For:	Day	Time	Dates Held:
Learn to Skate	Children & Adults Beginner – Basic 6	Wednesday	6:00pm – 7:00pm	7 weeks – May 2, 9, 16, 30, June 6, 13, 20
Learn to Skate	Children & Adults Beginner – Basic 6	Saturday	9:00am – 10:00am	7 weeks – May 5, 12, 19, June 2, 9, 16, 23
Learn to Skate	Children & Adults Beginner – Basic 6	Sunday	4:00pm – 5:00pm	7 weeks – May 6, 13, 20, June 3, 10, 17, 24

Freestyle Workshop	Children & Adults Passed Basic 6 or Adult 4	Saturdays	Off - Ice 9:30-10:00am On - Ice 10:10-11:00am	7 weeks – May 5, 12, 19, June 2, 9, 16, 23
Freestyle Workshop	Children & Adults Passed Basic 6 or Adult 4	Sundays	On - Ice 3:00-3:50pm Off - Ice 4:00-4:30pm	7 weeks – May 6, 13, 20, June 3, 10, 17, 24

### Learn to Skate

Learn to Skate is for all ages – adults too! Each class consists of 40 minutes of group instruction and the remainder of the class will be an open skate where skill practice is encouraged. Skate rentals are included in the program cost. Helmets are highly recommended. Remember to dress warmly with mittens, pants and layered garments.

### Freestyle & Adult Workshop

Freestyle & Adult Workshop is for skaters who have passed through Basic 6 or Adult 4. Class consists of 50 minutes of on ice group instruction divided into children as well as adult groups based on current skating level. Prior to the on ice instruction there will be 30 minutes of off ice group instruction held upstairs in Studio 202. Off ice classes consist of dance, conditioning, strengthening and jump instruction taught by certified fitness instructors and figure skating coaches. Please have participants wear sneakers for off ice class.

### Parent/Sibling Open Skate

Parents and siblings of learn to skate students may skate during the open free skate time, after the group lesson. The fee for the whole session is \$25. Skate rental is included.

## Instructors

The coaching staff at ISCC is made up of some of the best coaches in the area, included in the coaching staff are former National and International coaches and competitors. Our instructors each year complete continuing education classes specifically designed for skating instruction. Almost all instructors who coach in the Learn to Skate program are also available for private instruction.

## Private Lessons

Students may have a private lesson coach or a semi-private lesson for an additional fee during the open practice time, during ISCC's Open Freestyle session or Public Sessions (ice time paid at the front desk.). Private lessons are available by inquiring with the Learn to Skate Director or asking a specific coach directly. All private lesson fees are paid directly to the coach.

## Learn to Skate Program Mission and Goals

Our goal is to teach the fundamentals of skating using a variety of safe and enjoyable instructional techniques. The Learn to Skate Program strives to develop strong basic skating skills (i.e. forward & backward skating, edges, turns, basic spins & jumps,) self-confidence and encourages participation at the recreational level. Learn to Skate provides exercise and enjoyment for the whole family. ISCC is part of a nationwide program called, US Figure Skating's Basic Skills Program.

## Learn to Skate Policies and Procedures

ISCC reserves the right to cancel the program or class day if there is not sufficient registration. There are no refunds given once a skater is registered. If a skater withdraws from the program, ISCC will issue a credit for classes not attended.

Students may join a class at anytime, provided there is room in the class. If a skater joins after the session has begun, \$15 per week missed is deducted from the total registration cost.. You may not pro-rate the original fee if you know that you will be missing a class for any reason. If you need to make up a missed class, you may do this during the same session as the missed class. ***Make up class credit may NOT be carried over to another session.***

\*\* Discounts available only when registration is paid in full. Family members must reside at the same address. Discount will be applied to the lowest registration fee first.

All registered skaters in the International Skating Center of Connecticut's Learn to Skate program will automatically be enrolled as a member of US Figure Skating. ***The membership year is July 1, 2011 to June 30th, 2012.***

Skaters will be tested throughout the session to determine their proper level. Sometimes, skaters will need to repeat a level to better prepare them for more difficult levels.

Throughout the year, ISCC may offer special events for skaters in our Learn to Skate Program like exhibitions, recitals, competitions, etc. ISCC reserves the right to use a portion of the class time for demonstrations or clinics.

Please register one week prior to class starting. Walk-ons are permitted on a class by class basis provided there is room in the class. **The walk-on fees are: Learn to Skate Class \$20, Freestyle & Adult Workshop \$25.**

**For more information, please contact the Learn to Skate Office: (860) 651-5400 ext. 11 or [learntoskate@isccskate.com](mailto:learntoskate@isccskate.com)**

# Learn to Skate – LATE SPRING '12

Please check the box(es) corresponding with your enrollment

Parent/Sibling Open Skate (\$25 per skater) Name(s): _____	\$25	<input type="checkbox"/>
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Class Type	Recommended For:	Day	Time	Dates Held:	Price:
Learn to Skate	Children & Adults Beginner – Basic 6	Wednesday	6:00pm – 7:00pm	7 weeks – May 2, 9, 16, 30, June 6, 13, 20	\$130 <input type="checkbox"/>
Learn to Skate	Children & Adults Beginner – Basic 6	Saturday	9:00am – 10:00am	7 weeks – May 5, 12, 19, June 2, 9, 16, 23	\$130 <input type="checkbox"/>
Learn to Skate	Children & Adults Beginner – Basic 6	Sunday	4:00pm – 5:00pm	7 weeks – May 6, 13, 20, June 3, 10, 17, 24	\$130 <input type="checkbox"/>

Freestyle Workshop	Children & Adults Passed Basic 6 or Adult	Saturdays	Off - Ice 9:30-10:00am On - Ice 10:10-11:00am	7 weeks – May 5, 12, 19, June 2, 9, 16, 23	\$165 <input type="checkbox"/>
Freestyle Workshop	Children & Adults Passed Basic 6 or Adult	Sundays	On - Ice 3:00-3:50pm Off - Ice 4:00-4:30pm	7 weeks – May 6, 13, 20, June 3, 10, 17, 24	\$165 <input type="checkbox"/>

*Discounts Available\*\**: 25% off the second class per week, per applicant  
25% off the 3<sup>rd</sup> and subsequent Family Members\*\*

Total Cost: \_\_\_\_\_

Applicant Skater: \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ M / F

Parent/Guardian: \_\_\_\_\_

Address: \_\_\_\_\_ Town/State/Zip: \_\_\_\_\_

Phone: (Cell) \_\_\_\_\_ Email: \_\_\_\_\_

I do NOT want to receive updates & coupons from ISCC

Have you ever been enrolled in the Learn to Skate Program at ISCC? NO \_\_\_ YES \_\_\_ : Last Level Passed \_\_\_\_\_

Cash, Check payable to ISCC, or Credit Card are acceptable forms of payment.

Circle card type: Visa, MC, Discover, American Express. Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

1375 Hopmeadow Street, Simsbury, CT 06070  
(860) 651-5400 x11 / Fax: (860) 651-5204  
[www.ISCCskate.com](http://www.ISCCskate.com) \* E-mail: [learntoskate@isccskate.com](mailto:learntoskate@isccskate.com)

**Please sign the waiver on next page!**

Public Skate Pass #: \_\_\_\_\_ Participants: I have received the public skate pass (Initials): \_\_\_\_\_

DB: \_\_\_\_\_ USFS: Y N – N / R \_\_\_\_\_

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Telephone: \_\_\_\_\_



## WAIVER AND RELEASE OF LIABILITY

In consideration of being allowed to participate in any way in the International Skating Center of Connecticut, L.L.C. programs, events, related events, and activities, the undersigned understands, appreciates, acknowledges, and agrees that:

- 1) The risk of injury from activities involved in these programs, events, related events, and activities is significant, including but not limited to the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
- 2) I KNOWINGLY AND FREELY ASSUME ALL SUCH RISK, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
- 3) I willingly agree to comply with the stated and customary terms and conditions for participation. If however I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
- 4) I, for myself, and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS THE INTERNATIONAL SKATING CENTER OF CONNECTICUT, L.L.C., their officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DEATH, OR LOSS OR DAMAGE TO PERSON OR PROPERTY, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.
- 5) I hereby grant permission to the International Skating Center of Connecticut to photograph my child and use said photographs now and in the future in a brochures, Internet, multimedia presentations and newspapers concerning programs held at the International Skating Center of Connecticut. I understand photos may be used without further notice or compensations, and agree that such material will be freely available for download and distribution.

**I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, AND UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.**

\_\_\_\_\_  
Participant's Signature

\_\_\_\_\_  
date signed

### **PARTICIPANTS OF MINORITY AGE**

(under the age of 18 years at the time of registration)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above from all the releasees, and for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE.

\_\_\_\_\_  
Parent or Guardian's Signature

\_\_\_\_\_  
date signed

HOCKEY     FS     OTHER \_\_\_\_\_     ENTERED IN WAIVER FILE